



## THE COMPLETE GUIDE ON HOW TO WAKEBOARD



From your first time on the water to more advanced tricks like spins and inverts, Destruction Manual is the essential guide to help you improve your riding.

Professional wakeboarders, Stewart Mackie and Will Christien are joined by a hot line-up of talent from around the world to demonstrate the techniques and share their experience in the most informative wakeboarding film on the planet.

Clear demonstrations, helpful hints and practical examples ensure that Destruction Manual is the only guide you need. Beyond the tuition you'll see some of the world's best wakeboarders, expertly filmed showing off their best tricks. There is also an extensive collection of bonus features, sure to keep you entertained.

**ANDREW ADKINSON - CAROLINE JANSSON - DAN NOTT - JULZ HEANEY - KENT JAMES  
LOUISE MOORE - NICK HEANEY - STEWART MACKIE - WILL CHRISTIEN - ZANE SCHWENK**

With wakeboarding established as the world's fastest growing water sport, MEDIA14 have developed an instructional film to help newcomers get a head start. Although there have been instructional wakeboarding films available for many years, none have been produced from this side of the Atlantic. Europe is crying out for a film to fill this huge hole in the market and Destruction Manual is here to satisfy that demand.

### **endorsed instruction**

When it comes to learning a new sport or developing your basic skills, it is important to get the right advice. Destruction Manual combines the experience of many wakeboarding champions from around the world to cover the basics with the greatest attention to detail. The film is endorsed by the British wakeboarding body, Wakeboard UK to ensure that the instruction meets all international standards of quality and safety. British Team Coach, Stewart Mackie hosts the show alongside the world's best looking female wakeboarder, Will Christien (according to an American website).

### **informative presentation**

From your first time on the water to more advanced tricks like spins and inverts, Destruction Manual is the essential guide to help you improve your riding. The combined experience of all the riders and coaches involved provides a unique learning environment. Every trick is demonstrated numerous times from different angles with different riders and a good use of slow motion to make the techniques clearly visible. In the early stages, Stewart Mackie and Will Christien take to the water with radio microphones to talk through their demonstrations. Specialised equipment, such as the rope camera is used to help get the viewer closer to the action. And finally, tips are provided by different riders to help you find the best method to suit your style.

### **professional production**

Destruction Manual stands out from the crowd because it is produced by a professional production company renowned for its involvement with the sport of wakeboarding. MEDIA14 have broadcast over 50 hours of wakeboarding programmes to more than 190 million homes worldwide. They have recently finished work on the 2004 WWC World Championships as well as covering all major UK competitions in the last few years.

### **motivational inspiring**

Destruction Manual is not just an instructional film, it is a motivational film. The intention is for the viewer to want to pause the DVD, pick up their board and immediately head down to the lake and try a new trick. It is only necessary to watch the introduction to understand this, but the aspects below all contribute to the film in a similar way.

- High quality instruction that makes the tricks easy to understand.
- Insane action sections with high quality music are spread throughout the film.
- Motivational interviews from the world's best wakeboarders. On hearing the current world champion describe the feeling of landing his first invert just a few years ago, it's hard not to be inspired.
- The progression of tricks has been carefully selected so that they naturally follow on from the basics e.g. learn a heelside 180 this is then followed with clips of the pro riders landing 360s, 720s and even a wake to wake 900.

### **value 4 money**

Many wakeboarding videos are only 30-40 minutes long, but the main Destruction Manual feature is 53 minutes with an additional 30 minutes of bonus features. These bonus features are not just 30 minutes of unedited left over footage. The DVD has five well produced features that make up the total 30 minutes. They include rider interviews, cable wakeboarding, wakeskating, an introduction to sliders, a guided tour of the Heaney's wakeboard camp, a ton of outtakes, deleted scenes and of course the crash reel.

## main feature

DURATION 53 MINS

The main feature includes everything from setting up your equipment to more advanced tricks like inverts and spins. The instruction is broken up with awesome action sequences, motivational interviews, alternative tips from the riders and useful hints for setting up and driving your boat. Here's what's included:

### EQUIPMENT

WAKEBOARDS  
FINS  
BINDINGS

### GETTING UP

DEEP WATER START  
RIDING POSITION  
TURNING THE BOARD  
CROSSING THE WAKES

### BASICS

RIDING SWITCH  
SURFACE 180  
THE OLLIE  
THE OLLIE 180

### JUMPS

SINGLE WAKE JUMPS  
PROGRESSIVE EDGE  
HEELSIDE JUMPS  
TOESIDE JUMPS  
GRABS

### SPINS

TOESIDE 180  
HEELSIDE 180  
TOESIDE 360  
HEELSIDE 360

### INVERTS

HEELSIDE BACKROLL  
TANTRUM  
TOESIDE BACKROLL  
AIR RALEY

### ALSO FEATURING

TRICK TIPS  
RIDER INTERVIEWS  
BOAT SETUP  
BOAT DRIVING

AND

**...LOADS OF AWESOME ACTION!**

## bonus features

DURATION 30 MINS

### SPEEDO RIDERS

Dan Nott and Louise Moore describe their wakeboarding lifestyle with some additional footage of the top ranked British pair free-riding in the home of wakeboarding, Orlando, Florida.

### CABLE RIDING

We visit the famous cable slider park at Orlando Watersports Complex to find out what cable wakeboarding is all about. This section includes great slider and cable action from the featured riders and some of the locals.

### WAKESKATING

Matt Crowhurst introduces us to the world of wakeskating.

### MEET THE HEANEYS

Nick and Julz invite us to look around their wakeboard school, ride on their lake and wakesurf as the sun sets.

### OUTTAKES

We were warned never to work with animals, but we didn't think it would be this bad. Hilarious outtakes, deleted scenes and a crash section that is likely to burst your ear drums.

## featured riders

The featured riders not only provide extreme free ride footage, they all instruct at some stage of the film. The line-up includes WWA World Champion, Andrew Adkinson (USA), Swedish National Champion, Caroline Jansson (SUI) and British National Champions, Dan Nott (GBR) & Louise Moore (GBR), who are joined by US wakeboarding legend, Zane Schwenk (USA), British Team Captain, Stewart Mackie (GBR), the gorgeous Will Christien (GBR), former British National Champion, Kent James (GBR) and the infamous, Nick and Julz Heaney (GBR).

## location location

The film is set in Orlando, Florida, which is widely considered to be the capital of the wakeboarding industry. Much of the action takes place just after sunrise or minutes before sunset, producing mirrored lakes and beautiful lighting conditions. The highest broadcast quality Digibeta camera shot the majority of the footage in true 16:9 widescreen. Under these perfect conditions, the results are simply breathtaking.